



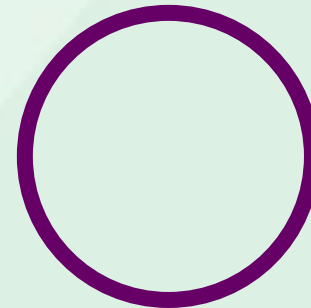
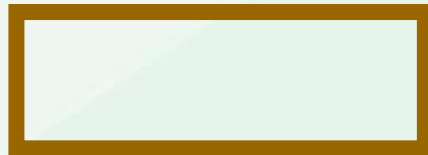
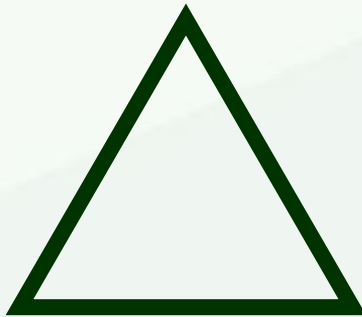
INSIDE-OUT

The Real You!



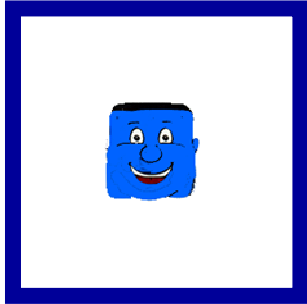
Geometric Psychology

Which shape 'grabs' you?



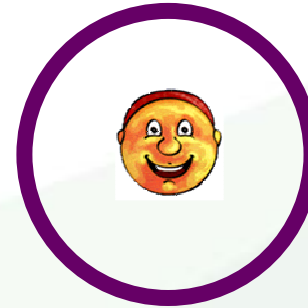


Analysis



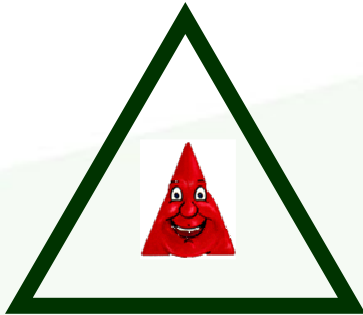
Squares:

Organised; “The Managers”.



Circles:

People-Centred; “The Lovers”.



Triangles:

Focused; “The Leaders”.



Squiggles:

Passionate; “Sex-Mad!”.



Rectangles:

Confused, “In Transition”.



Squares

- Hate squiggles
- Truly 'left-brained'
- Most organized and hard worker
- Loves rules and forms, worships manuals - alphabetized and lined up
- Likes calendars, schedules - gets things done
- List maker
- Gets confused without policy and procedure manuals
- Will read the instructions
- Organised
- Data collector
- They don't like estimates or best guesses
- Most often patriotic and religious
- Not touchy feely person
- Very loyal
- Motto "A place for everything and everything in it's place!"



Triangle

- The leadership shape
- Strongest shape
- These are people that are going places!
- Have the skills to go where they want to
- Fast thinker-process info quickly
- Don't like circles and squiggles
- If you bring me a problem, bring me a solution - no, three solutions... so I can tell you which one is best
- Most politically correct
- Most confident
- Loves recognition
- Strategic planner
- Do not ever disagree with a triangle, especially in public-they will get even, but they'll do it politically correct.
- Some things you might hear a triangle say...
- "My way or the highway!"
- "I don't get mad I get even!"
- "When I want your opinion, I will give it to you."



Rectangle

- Unpredictable... and interesting
- Confused person
- State of transition
- Person going through a period of growth
- Trying something new
- Period of Introspection
- New situation
- Adolescence or mid-life crisis
- Likes all shapes - tries to be all 5 shapes at same time
- Unpredictable
- Open to new learning
- Lives in a state of stress
- Something a rectangle may be thinking is, "I try to live one day at a time, but lately several days have piled up on me at once!"
- "Ally McBeal"



Circle

- A circle needs to feel needed
- People person-“We are a TEAM!”
- Doesn't like to work alone
- Very sympathetic and caring person
- Nurturer
- Love to help people with problems
- Likes all shapes
- People-pleaser
- Great communicator and listener
- Uses both right and left hemispheres of brain
- Loves gossip
- “Don't worry, be happy”
- When there is conflict, a circle has the tendency to feel like it is all their fault



Squiggle

- Truly 'right-brained'
- Creative and innovative
- "Idea person"
- Don't particularly like the mundane, they'll find something to spruce it up
- Drive boxes and triangles crazy
- Can't stand routines
- Don't like boxes - too organised and boring
- Don't like triangles - we won't be bossed or managed
- Rules! - they are just "guidelines"!
- Likes concepts and theories
- Most motivational and inspirational
- "If it feels good, do it!"
- Squiggles are good company
- They can't tell a lie (or get away with telling one!)



Geometric Psychology

According to Dr. Susan Dellinger, your choice indicates a distinct personality type. Most people have a "preferred SHAPE".

CIRCLES have so many friends,
TRIANGLES always get the best "deals,"
SQUARES will not tolerate sloppy work,
SQUIGGLES are so embarrassing, and
RECTANGLES can't remember anything.